



TOURO UNIVERSITY
WORLDWIDE

Master of Art in Marriage and Family Therapy MFT



Contact Academic Advisor

818-874-4104

monique.bergman@tuw.edu

Knowledge. Opportunity. Success.

About Touro University Worldwide

Touro University Worldwide is one of the 26 campuses of the Touro College and University System. The Touro College and University System was established in New York City by Bernard Lander, PhD, LHD, as a Jewish-sponsored independent, non-profit institution of higher learning and professional education primarily to enrich the Jewish heritage, and serve the larger American and worldwide community. More than 19,000 students are currently enrolled in its various schools and divisions.

Designed for Adult and Professional Learners

You can earn your Master of Marriage and Family Therapy (MFT) while working full-time. Open to all qualified students, this program is carefully designed to work well for busy professionals and working adults just like you. New advances in educational technology enable you to take your courses to fit your personal and work schedule. All you need is a computer and Internet connection to participate in the virtual classroom.

This program gives you considerable control over the pace with which you complete your degree. We understand that demands at home or at work may change your schedule, so we've structured our program to allow the flexibility that you need to adjust your course load from one academic term to another.

The MFT program is learner-centered in a number of ways. Highly qualified professors are selected for their academic and experiential credentials and their strong interest in teaching each learner with a high level of engagement.

The Touro College and University System is a higher educational institution with more than 40 years of experience in developing professionals' skills to enhance the careers and lives of those they affect.

Touro University Worldwide (TUW) expands on Touro's commitment to excellence in education, offering professionals an opportunity to earn this advanced degree. TUW's MA in Marriage and Family Therapy brings the Touro tradition to this critical discipline: the value of a solid professional education to foster the development, achievement and advancement of individuals who make positive contributions to individuals, couples, families, groups, corporations, organizations, and the community. Join us to learn, lead and serve.

MFT MISSION STATEMENT

TUW's mission is to provide academic and professional clinical training to students to become competent, ethical, culturally sensitive, and systems-oriented marriage and family therapists who can effectively assess, diagnose, and treat a diverse population of individuals, couples and families. The program is conceptually grounded by the scientist-practitioner model, preparing students who will be capable of making unique contributions to the field of marriage and family therapy.

Master of Art in Marriage and Family Therapy

The TUW Master of Arts Degree in Marriage & Family Therapy presents an extraordinary opportunity for interested individuals to become actively involved in an expanding and promising area of study. The need for Marriage and Family Therapists is now growing as an integral and important part of our

nation's health and mental health care delivery system. Family therapy is different from other mental health professions because of:

- 1) Its emphasis on treating couples and families and the family as a system;
- 2) Its emphasis on present day problems instead of historical or intra-psychic conflicts; and
- 3) Its focus is on understanding interpersonal relationships as a way of identifying and treating mental health problems.

Increased understanding of the relationship between marital and family dysfunction and serious mental and emotional disorders such as chemical dependency, substance abuse, eating disorders, disorders of childhood and adolescence, and other forms of psychopathology have contributed to the prominence of this discipline. It is rare today to treat either inpatients or outpatients without attention to the family and dynamics of the family system.

The Health Care Reform Act will bring significant changes to the way health care is provided. One major change involves the use of health care teams to treat illness and foster wellness. Many mental health experts predict Marriage & Family therapists will be important and valued members of these new health care teams. Graduates of the TUW and other Marriage & Family Therapy programs will work in mental health agencies, in their own private practices, in government agencies, in health and educational administration, and as human resource professionals. Some will continue their professional education in doctoral degree programs.

The Touro University and College System has *OVER FORTY YEARS OF ACCREDITED EXPERIENCE* in educating and developing the skills of professionals to enhance and expand their careers, their lives, and the lives of those they affect.

Touro University Worldwide (TUW) expands on Touro's tradition of commitment to excellence in education, offering professionals from around the world an opportunity to earn this quality graduate school degree. The Master of Arts Degree Program in Marriage & Family Therapy at TUW brings the Touro tradition to this critical discipline: the value of a solid professional education that can foster the well-being of couples and families and, in turn, make a positive contribution to the larger community.

This program is designed to give you considerable control over the pace with which you complete your degree. We understand that demands at home or at work may change your schedule so TUW has structured the MFT program to allow you the flexibility you need to adjust your course load from one academic term to another. Join us to learn, lead, and serve.

Note for MFT students: *Students taking Leave of Absence (LOA) are not considered active enrolled students. MFT students acquiring the clinical practicum hours must register for Clinical Practicum courses, Student must stay in active status with the University to ensure the clinical practicum hours officially recorded.*

Students in the MFT program must obtain Liability Insurance during Clinical Practicum Courses.

Disclaimer: *Enrollment in the MFT programs does not guarantee a degree from Touro University Worldwide or qualification for professional licensure. Students are responsible for meeting all academic and professional requirements for graduation. Further information regarding these academic and professional requirements is outlined in this handbook. Students enrolled in the MFT counseling Clinical program are responsible for knowing the information from TUW. Further, it is the sole responsibility of*

the student, not the program, to obtain information regarding prerequisites for licensure as outlined by their particular state board of marriage and family therapy.

TUW MFT Degree Options/Tracks: Overview

(1) M.A. in Marriage and Family Therapy Clinical Track

- Minimum: 18 courses (54 credits)
- Minimum: 6 practicum courses, (18 credits)
- Total Minimum for the entire program 72 credit hours
- 500 Total Practicum Client Contact Hours

(2) M.A. in Marriage and Family Therapy

Non-Clinical Track

- Minimum: 18 courses (54 credits)
- No practicum course requirement
- No clinical hour requirement

(3) M.A. in Marriage and Family Therapy

Licensed Professional Clinical Counseling (LPCC) Track

- Minimum: 18 courses (54 credits)
- Minimum: 4 courses of LPCC, (10 credits)
- Minimum: 6 practicum courses, (18 credits)
- Total Minimum for the entire program 82 credit hours
- 500 Total Practicum Client Contact Hours

The MFT program under the COAMFTE Standards requires students to complete:

- Total of 500 Practicum Client Contact Hours (Student must complete a total of 500 hours for the MFT Program) and at least 100 supervision hours.

Practicum Client Contact: Out of the 500 total hours, student must complete the following hours:

- A minimum of 200 Practicum Couple and Family Hours
- A maximum of 100 **alternative hours** or clinical activity (e.g., couple or family groups, live cases where reflecting teams are directly involved in working with clients, etc.)
- With the remaining hours consisting of individual, couple, or family hours.

Practicum Supervision Contact: Total of 100 supervision hours with Site Supervisor and TUW Supervisor, who must be an AAMFT approved supervisor, AAMFT approved supervisor in training, OR an Equivalent.

- The majority (at least 3 hours a week) will be face to face with your site, and an additional 2 hours a week will be with TUW Supervisor.
- Total of 50 Practicum Raw Data Live/Video Hours
- Of the 50 hours of Raw Data, No more than 25 hours can consist of Audio

(Page 26 of Accreditation Standards)

Admission and Licensure

The Masters of Marriage and Family Therapy (MFT) program is aligned with the requirements of most States and designed to help students pursue a MFT license. Before enrolling in a clinical program at Touro University Worldwide, students should consult the rules and regulations regarding Marriage and Family Therapy for their particular State. The TUW MFT program is approved by the California Board of

Behavioral Sciences (BBS) for our students to seek licensure as a Marriage and Family Therapist (MFT) and/or Licensed Professional Clinical Counselor (LPCC) - <http://www.bbs.ca.gov/>. Additionally, our MFT program is approved and accepted in most states. Students outside of California must confirm licensure requirements with the licensure board in your area to ensure the coursework and practicum are accepted by your local state board. The Marriage and Family Therapist (MFT) licensure process begins the moment you start taking classes in your accredited degree program.

The TUV MFT program is approved by the State of California Board of Behavior Sciences (BBS). Click on the following link to the California Board of Behavior Sciences (BBS) handbook:
<http://www.tuw.edu/wp-content/uploads/2014/03/BBSHandbook.pdf>

The TUV MFT program is also approved by The State Education Department / The University of the State of New York / ALBANY, NY 12234 / Division of Professional Education Professional Education Program Review Education Building 89 Washington Avenue, 2nd Floor, West Wing Albany, NY 12234 Tel. (518) 486-2967 Fax (518) 473-0114.

The MFT program at Touro University Worldwide (TUV) is accredited by the Commission on Accreditation for Marriage and Family Therapy Education ([COAMFTE](#)).

Note: It is the Policy of TUV that students cannot be accepted as student at large or non-degree-seeking student to any of the Clinical programs at TUV including the MFT program, in any phase of the program. Students will not be accepted to TUV to take the Practicum courses only.

Students should be aware of the following before enrolling in one of TUV's MFT programs:

- State regulations regarding the type and number of academic courses as well as practicum and internship hours;
- State accreditation requirements for educational institutions;
- State regulations and requirements for online graduate education programs; and
- State regulations regarding licensure opportunities if an applicant has a previous felony conviction.

MFT CURRICULUM

The MFT curriculum is composed of 24 required courses for a total of 72 semester credits which includes six practicum courses that are approximately 84 hours each (each course is 3 semester credits and 84 hours each). An additional, four (4) courses (12 credits) are required for the LPCC track. During the six practicum courses student will need to complete 500 hours as outlined above. Students must be enrolled in practicum until all hourly requirements are complete and the practicum course must be taken a minimum of 6 times (12 consecutive months) for a minimum total of 18 credits. This applies to COAMFTE requirements and BBS of California but other states' requirements may vary and the MFT Director and team will inform you about the state you are acquiring your licensure.

MFT REQUIRED CORE COURSES (72 semester credit hours*)

| Course Number | Course Title | Semester Credit Hours |
|---------------|---|-----------------------|
| MFT 610 | Contemporary Issues in Marriage & Family Therapy | 3 |
| MFT 611 | Foundations of Psychopathology | 3 |
| MFT 612 | Couples Counseling | 3 |
| MFT 613 | Child-Focused Family Therapy | 3 |
| MFT 614 | Development Within the Family Life Cycle | 3 |
| MFT 615 | Psychopharmacology | 3 |
| MFT 616 | Society, Culture and Gender: A Multi-cultural Perspective | 3 |
| MFT 617 | Research Methodology | 3 |
| MFT 618 | Group Counseling | 3 |
| MFT 619 | Assessment & Testing for the Marriage & Family Therapist | 3 |
| MFT 620 | Human Sexuality | 3 |
| MFT 626 | Substance Abuse & Recovery | 3 |
| MFT 627 | Studies in Human Communication | 3 |
| MFT 628 | Adolescent-Focused Family Therapy | 3 |
| MFT 629 | Aging, Illness & Long-Term Care Concerns | 3 |
| MFT 630 | Ethics & Law for Marriage & Family Therapy | 3 |
| MFT 635 | Treatment of Trauma in Families | 3 |
| MFT 640A | Clinical Practicum Part I | 3 |
| MFT 640B | Clinical Practicum Part II | 3 |
| MFT 640C | Clinical Practicum III | 3 |
| MFT 640D | Clinical Practicum IV | 3 |
| MFT 640E | Clinical Practicum V | 3 |
| MFT 640F | Clinical Practicum VI | 3 |
| MFT 699 | Capstone** | 3 |
| MFT 690 | Capstone*** | |

***Students that did not complete all 500 hours during the 6 Clinical Practicum course will need to enroll in Clinical Practicum Part 1-Continuation I (As needed) until all hours are completed.**

**** Capstone Course for Non-Clinical Track.**

***** Capstone Course for Clinical Track.**

Additional Courses for LPCC OR Elective Courses (Taken only if the Student's State Requires these specific Courses)

| Course Number | Course Title | Semester Credit Hours |
|---------------|--|-----------------------|
| MFT 650 | Counseling Theory | 3 |
| MFT 651 | Advanced Counseling Theories and Techniques | 3 |
| MFT 653 | Lifestyle and Career Development Counseling | 3 |
| MFT 698 | Spousal/Partner Abuse Detection and Intervention | 1 |

***Not all students will complete their Clinical hours during the 6 courses, and may need to enroll in an additional Clinical Practicum Continuation Courses until all 500 hours are completed. The cost is \$1500 per continuation course, and it is a non-credit course.**

For additional information regarding the MFT program, please review the Catalog, and web site.

Tuition

Tuition

TUW's tuition is \$500 per semester credit. Each eight (8) week, three (3) credit course costs \$1,500. See table below for total costs per track.

| Track | 1 credit | 3 credits | Cost of Program |
|---|----------|-----------|-----------------|
| Non-Clinical Track | \$500 | \$1,500 | \$27,000* |
| Clinical Track | \$500 | \$1,500 | \$36,000* |
| Licensed Professional Clinical Counseling Track | \$500 | \$1,500 | \$41,000* |

** Based on number of credits required for the degree.*

Material Fee: Students on the Clinical track are required to pay \$145 Material Fee during the Capstone course (MFT690), which will provide access to exam kit that prepares students for the CA Exam, National Exam and LPCC Exam. The exam kit is part of the capstone course only.

A range of Tuition Assistance Program (TAP) scholarships and student loans may be available for you from Touro, so please ask our Bursar if you qualify for these benefits. Additionally, your employer may help you with tuition costs, and our tuition assistance counselors can also be very helpful in that regard. Further, there may be other resources available through your state or at the national level that may offer scholarships, such as the following link from American Association for Marriage and Family Therapy:

http://www.aamftfoundation.org/Foundation/What_We_Do/Minority_Fellowship_Program.aspx

In addition payment plans may be arranged with the bursar. If you are eligible, student loans may be available for you, so please contact our FA department for assistance. Additionally, your employer may help you with tuition costs. In addition, there may be programs that you can apply for at the state or federal level that assist with student loan repayment that you may be eligible to consider (see <https://nhsc.hrsa.gov/loanrepayment/>)

Admission Requirement

Admission Requirements

Students seeking enrollment into the Touro University Worldwide MFT program must meet one of the following criteria to be considered for admission:

1. Hold a baccalaureate degree from an accredited institution; international bachelor's degree students must see "international student admissions" in the catalog.
2. Graduate transfer students must be in good academic standing (minimum GPA of 2.75).
3. International students must have a paper based TOEFL score of 500, or a computer based score of 173, or an online score of 61. TOW TOEFL code is 3157.
4. Cumulative 2.5 GPA.

Application Fee: Students applying to the Master in Marriage and Family Therapy (MFT) degree program pay a onetime \$25 application fee.

FAQ Section

Is the program accredited?

Touro University Worldwide is accredited by the WASC Senior College and University Commission (WSCUC), 985 Atlantic Avenue, #100, Alameda, CA 94501, 510.748.9001.

The MFT program at Touro University Worldwide (TUW) is accredited by the Commission on Accreditation for Marriage and Family Therapy Education ([COAMFTE](#)).

Are there any on-campus required courses in this program?

No on-campus course work is required, excluding Clinical Practicum course which requires a site for clinical work with clients. Touro University Worldwide has carefully designed this accredited program to be delivered completely online. Everything students must learn to graduate is included in this rich and rewarding program, which is conveniently available to you in a manner that will support your success.

Do I need books to purchase?

At TUW most course materials are available in the vast Touro Library online and it is included in the course material in the Integrated Campus Platform. The TUW librarian is supporting the TUW students if they need library assistance. Students in the MFT program required to purchase the following book *The Diagnostic and Statistical Manual of Mental Disorders (DSM-5)*.

Can I enroll if I live outside the US?

Yes, you may live anywhere in the world, as long as you have a computer and Internet access. Students in many countries are successfully taking TUW courses. However, it is the student's responsibility to consider if their country licenses marriage and family therapists and what the particular requirements are in that respective country if not in the United States.